

# General Tendencies of the nine Comportment Styles according to the Enneagram

## Style 8: THE LEADER

- Basic motivation: to appear strong, be self-reliant and avoid dependency
- Characteristics: direct, protective, responsible, independent, selfconfident, loyal, realistic
- Behaviour under stress: tendency to become tyrannical, violent, snappy

#### **Style 9: THE MEDIATOR**

- **Basic motivation:** to maintain peace and avoid conflicts
- Characteristics: seeks interpersonal unity, receptive, peaceful, patient, diplomatic
- **Behaviour under stress:** tendency to become passive, indecisive, lazy

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## Style 1: THE PERFECTIONIST

- Basic motivation: to live justly
- Characteristics: seeks perfection, realistic, conscientious, has principles and strictness, honest, self-disciplined, reliable, strong morals
- Behaviour under stress: tendency to become intolerant, stubborn, fussy

#### Style 7: THE ENTHUSIAST

- Basic motivation: to engage in enjoyable activities, make a contribution to the world, avoid sufferance and pain
- Characteristics: cheerful, optimistic, charming, merry, curious, spontaneous
- Behaviour under stress: tendency to become impulsive, dispersed, immoderate

# Style 2: THE HELPER

- **Basic motivation:** to be loved and respected
- Characteristics: thoughtful, generous, concerned about others, affectionate, flexible, harmonious
- Behaviour under stress: tendency to become possessive, manipulative, jealous

## **Style 6: THE LOYALIST**

- Basic motivation: to find security
- Characteristics: responsible, trustworthy, loyal, practical, helpful, kind
- Behaviour under stress: tendency to become inflexible, fearful, dependant, aggressive

# Style 3: THE ACHIEVER

- **Basic motivation:** to succeed, be productive, avoid failure
- Characteristics: energetic, selfconfident, optimist, efficient, independent, confident
- Behaviour under stress: tendency to become opportunist, aggressive, to excessively seek security and honours, to lie

# Style 5: THE OBSERVER

- Basic motivation: to know and understand everything, to be independent
- Characteristics: thirst for knowledge, curious, analytical, able to perceive things well, reserved, objective, autonomous
- Behaviour under stress: tendency to become distant, sceptical, theoretical

## **Style 4: THE INDIVIDUALIST**

- Basic motivation: to seek the meaning of life, to be understood, not to be ordinary
- Characteristics: hypersensitive, introverted, creative, intuitive,
- Behaviour under stress: tendency to become tormented, depressed, morbid

**Legend:** — The Integration line (direction of effective positive development)